

Practice Journal Sample

Here are a couple of ideas for keeping track of your practice time. When taking music lessons, it's a good idea to note exercises and how they were practiced. Keep track of difficulties/questions that come up during personal practice. As for the amount of time? That will differ between students.

I would use a notebook. Track each day of the week. Include warm-ups, exercise numbers, and repertoire. Keep a good pencil and eraser with you.

Warm-ups include exercises or songs that you feel comfortable playing. Guitar players might use finger exercises. Drummers might use drum rudiments.

Exercises/Songs include any new items presented in the previous music lessons.

Questions are meant to be brought to your instructor during the next music lessons.

EXAMPLE

Date: September 9th, 2019 to September 11th, 2019

Monday	Tuesday	Wednesday
Time: 5-6pm	Time: 7:30-8:45pm	Time: 4:30-5:30pm
Warm-up: Spiderwalk	Warm-up: Spiderwalk	Warm-up: Spiderwalk
Exercises/Songs: <i>Guitar Bk. page 7 #13,14</i>	Exercises/Songs: <i>Guitar Bk. page 7 #13,14</i>	Exercises/Songs: <i>Guitar Bk. page 7 #13,14</i>
Questions: <i>What fingering should I use for #13 measure 5?</i>	Questions:	Questions: